

Results of the needs analysis carried out as part of the preparation of the ‘Become EConfident’ project created by the association HEureka Generator, the Lithuanian organization TAVO Europa and the Romanian organization Evolution under the Key Action 2 of the European Erasmus + program.

The research was aimed at examining the needs of the local community in Lithuania.



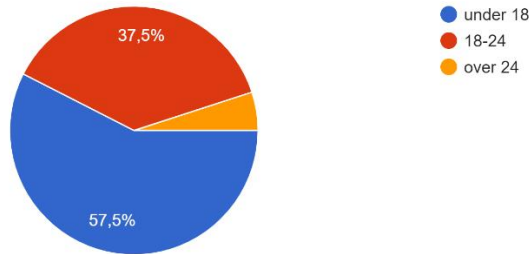
The survey was conducted on May 4 - 14, 2021. 42 young people from Lithuania took part in it.

A questionnaire was used as the research method. The first part of the survey contains demographic information. The second part of the survey includes questions related to self-presentation, self-confidence and public speaking.



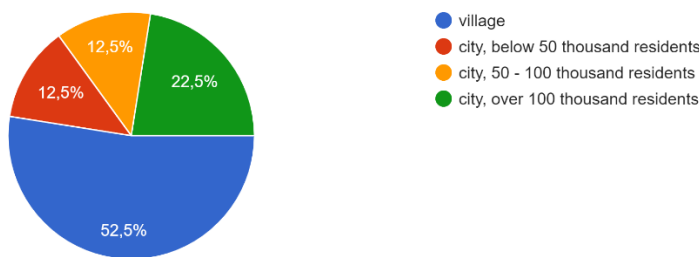
1. Demographic information

Age
40 odpowiedzi



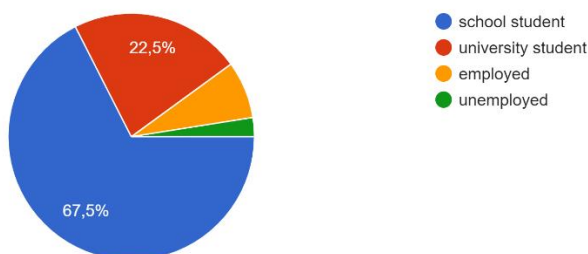
23 people under the age of 18, 15 people between 18 and 24, and 2 people over 24 took part in the survey.

Place of residence
40 odpowiedzi



21 respondents indicated 'village' as their place of residence, 9 people indicated 'city with over 100,000 inhabitants', and 5 people 'city of 50 - 100 thousand inhabitants' or 'city below 50 thousand residents'.

Professional situation
40 odpowiedzi

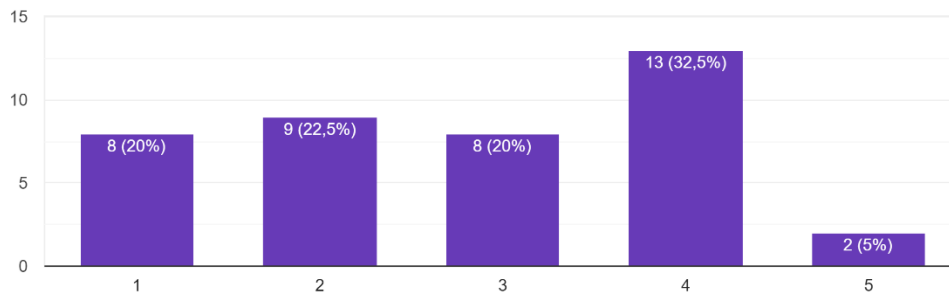


40 respondents answered the question about their professional situation. 27 of them are school students. 9 of the respondents are university students, and 3 are employed. One unemployed person took part in the study.

2. Self-presentation, self-confidence and public speaking

How stressful is it for you to speak in front of a group?

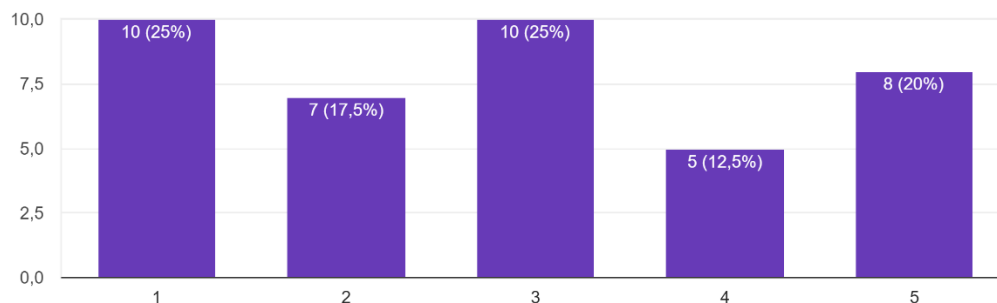
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Respondents answered the question ‘**How stressful is it for you to speak in front of a group?**’ on a scale of 1 to 5, where one means ‘it is not stressful’ and five means ‘it is very stressful’. 8 respondents answered that speaking in front of the group is not stressful. 9 people rated the stress level at 2. 8 people rated the stress level at 3, and 13 people at 4. 2 people answered that speaking in front of a group is very stressful for them.

How stressful is it for you to speak in English?

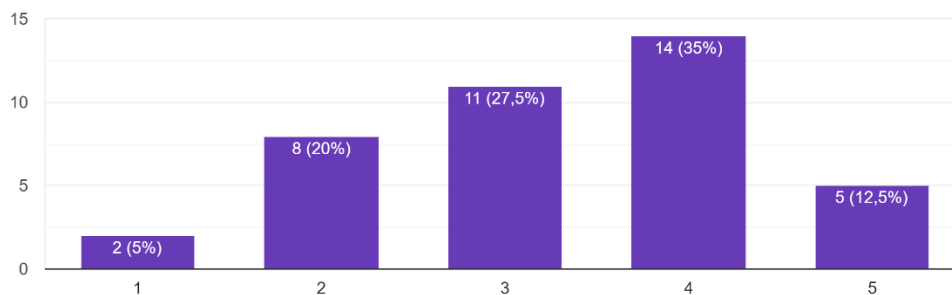
40 odpowiedzi



Respondents answered the question ‘**How stressful is it for you to speak in English?**’ on a scale of 1 to 5, where one means ‘it is not stressful’ and five means ‘it is very stressful’. 10 respondents answered that speaking in English is not stressful. 7 people rated the stress level at 2. 10 people rated the stress level at 3, and 5 people at 4. 8 people answered that speaking in English is very stressful for them.

Is it easy for you to formulate arguments in the discussion?

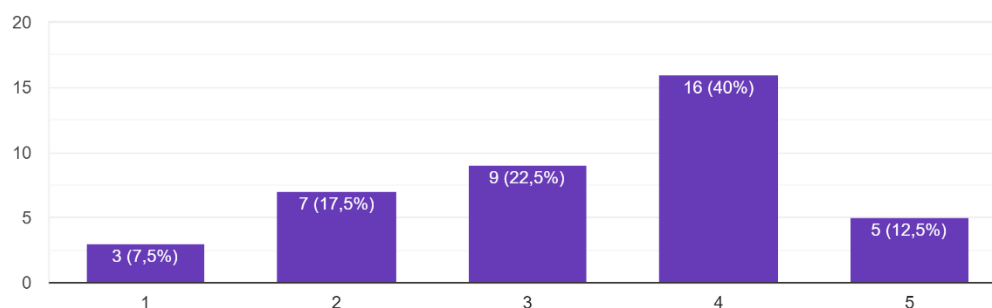
40 odpowiedzi



Respondents answered the question **‘Is it easy for you to formulate arguments in the discussion?’** on a scale of 1 to 5, where one means ‘very hard’ and five means ‘very easy’. 2 of the respondents found it very difficult to formulate arguments in the discussion. 8 people rated the ease of formulating arguments at 2. 11 people rated it at 3, and 14 people at 4. 5 people answered that formulating arguments in the discussion was very easy.

Is it easy for you to present your position during group discussions?

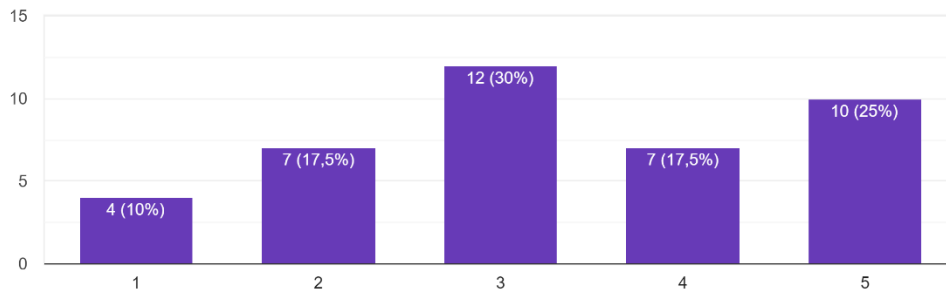
40 odpowiedzi



Respondents answered the question **‘Is it easy for you to present your position during group discussion?’** on a scale of 1 to 5, where one means ‘very hard’ and five means ‘very easy’. 3 respondents answered that presenting their position in the discussion was very difficult. 7 people rated the ease of presenting their position at 2. 9 people rated it at 3 and 16 people at 4. 5 people replied that it is very easy to present their position during a group discussion.

Is it easy for you to find yourself in a new group?

40 odpowiedzi



Respondents answered the question **‘Is it easy for you to find yourself in a new group?’** on a scale of 1 to 5, where one means ‘very hard’ and five means ‘very easy’. 4 respondents found it very difficult to find themselves in a new group. 7 people rated the ease of finding themselves in the new group at 2. 12 people rated it at 3, and 7 people at 4. 10 people answered that it is very easy to find oneself in the new group.

Summary

Young people associated with the partner school of the Tavo Europa organization (pupils, employees) and young people associated with the organization (students) participated in the research, because we wanted to precisely define what needs our target groups have in terms of developing competences related to self-presentation, self-confidence and in public speaking.

The research respondents gave very diverse answers to the question ‘How stressful is it for you to speak in front of a group?’

Most of the respondents believe that speaking in English is not stressful for them.

The participants of the research gave diverse answers to the question ‘Is it easy for you to formulate arguments in the discussion?’ There was a slight advantage here of people who believe that they have no problem with formulating arguments in the discussion.

The research respondents gave different answers to the question ‘Is it easy for you to present your position in a group discussion?’ There was a slight advantage here of people who believe that they have no problem presenting their position during a group discussion.

The research respondents gave very diverse answers to the question ‘Is it easy for you to find yourself in the new group?’

Thanks to the information obtained in the research, the structure of the project ‘Become EConfident’, created by the HEureka Generator association, the Evolution organization and the Tavo Europa organization was prepared in a way that will enable involved youth and youth workers to develop competences related to self-presentation, self-confidence and public speaking. Here we will use the group's linguistic abilities and take into account its diversity.