Results of the needs analysis carried out as part of the preparation of the 'Become ECOnfident' project created by the association HEureka Generator, the Lithuanian organization TAVO Europa and the Romanian organization Evolution under the Key Action 2 of the European Erasmus + program.

The research was aimed at examining the needs of the local community of the Lublin region.

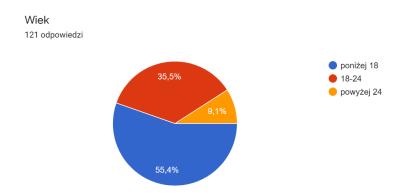


The survey was conducted on May 4 - 14, 2021. 124 young people from Poland took part in it.

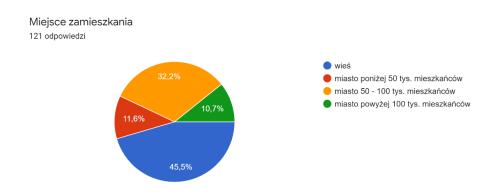
A questionnaire was used as the research method. The first part of the survey contains demographic information. The second part of the survey includes questions related to ecology.



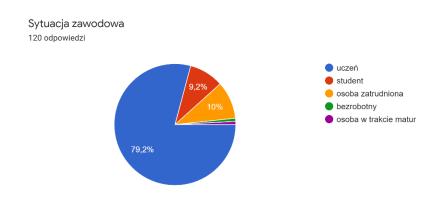
1. Demographic information



67 people under 18, 43 people between 18 and 24, and 11 people over 24 years old took part in the survey.

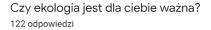


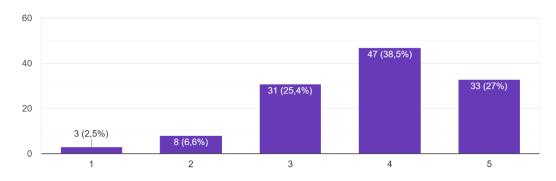
55 respondents indicated 'village' as their place of residence, 39 people indicated 'city, 50 - 100 thousand residents', 14 people indicated 'city, below 50 thousand residents', and 13 people 'city, over 100 thousand residents'.



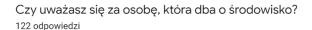
121 respondents answered the question about their professional situation. 95 of them are school students, 12 are employed and 11 are university students. There were also single responses, such as 'unemployed' and 'a person taking their final exams'.

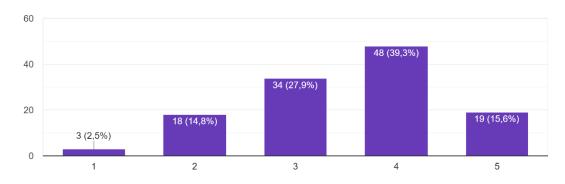
2. Ecology





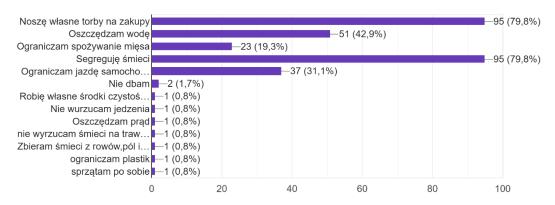
Respondents answered the question 'Is ecology important to you?' on a scale of 1 to 5, where one means 'not important' and five means 'very important'. 3 people replied that ecology was not important to them. 8 people replied '2'. 31 people replied '3'. For over 80% of respondents, ecology is important or very important. These people answered '4' and '5'.





Respondents answered the question 'Do you consider yourself to be a person who cares about the environment?' on a scale of 1 to 5, where one means 'definitely not' and five means 'definitely yes'. 3 people replied that they are definitely not the people who care about the environment. 18 people replied '2'. 34 replied '3' and 48 replied '4'. 19 respondents definitely consider themselves as caring about the environment.

W jaki sposób dbasz o środowisko? 119 odpowiedzi



Respondents answered the multiple-choice question 'How do you care for the environment?'. 95 people replied 'I carry my own shopping bags' and 'I segregate garbage'. 51 people replied 'I am saving water'. 38 people answered 'I limit my car driving', and 23 people answered 'I limit my meat consumption.' 2 people replied 'I don't care'. 7 people replied differently.

Jaki jest największy problem ekologiczny w twoim regionie?

101 odpowiedzi

Używanie toreb plastikowych

Zaniedbywanie segregacji odpadów

Nadużywanie jednorazówek, zbyt rzadki wywóz śmieci (plastik, tektura), ciężka dostępność produktów less-waste

Nie sortowanie śmieci

Respondents answered the open question 'What is the biggest environmental problem in your region?' 101 people gave their answers. The most common responses were related to air pollution and littering. Here are their examples:

Using plastic bags

Neglecting to segregate waste

Overuse of disposables, too rare garbage collection (plastic, cardboard), low availability of less-waste products

Not sorting garbage

Smog and burning garbage in traditional furnaces and traffic jams.

Co powinno się zmienić w twoim regionie jeśli chodzi o ochronę środowiska? 95 odpowiedzi

Należy tworzyć nowe parki, sądzić drzewa itp

Ludzie nie powinni wyrzucać śmieci do lasu.

Więcej drzew

Segregacja smieci i oszczędnośc wody

Kontrolować dym z kominów u tych co palą śmieci

Respondents answered the open question 'What should change in your region in terms of environmental protection?' 95 people gave their answers. Here are the examples:

New parks should be created, trees should be planted, etc.

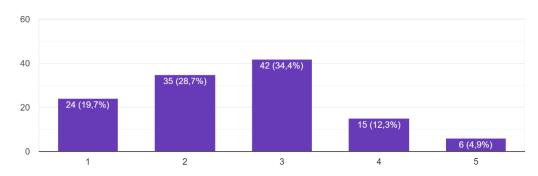
People should not throw garbage in the forest.

More trees

Waste segregation and water saving

Control the smoke from the chimneys of those who burn garbage

Czy masz wpływ na zmianę sytuacji ekologicznej w Twoim regionie? 122 odpowiedzi



Respondents answered the question 'Do you have an influence on changing the ecological situation in your region?' on a scale of 1 to 5, where one means 'definitely not' and five means 'definitely yes'. 24 respondents answered that they definitely cannot change the ecological situation. 35 people assessed their influence at 2, and 42 people assessed it at 3. People who considered their influence as high constituted about 17%. 15 people answered '4', and 6 people answered '5'.

Czy znasz dobre praktyki ekologiczne, którymi warto się podzielić?

81 odpowiedzi

Własne torby na zakupy

Nie pakowanie warzyw/owoców w torebki foliowe ewentualnie własna torba. Nie kupawnie zbędnych rzeczy pseudo ułatwiających życie. Jak najdłuższe korzystanie z posiadanych ubrań, telefonów, komputerów, telewizorów nie zmienianie na nowszy model.

Ograniczać spożywanie mięsa. (fleksitarianizm)

Robienie własnych środków czystości i środków do prania, są również ekonomicznie bardziej opłacalne, oraz mycie szyb popiołem! To jest genialne.

Respondents answered the open question 'Do you know good ecological practices worth sharing?' 81 people gave their answers. Here are the examples:

Your own shopping bags

Not packing vegetables / fruit in foil bags or carrying your own bag. Not buying unnecessary things that 'make life easier'. Using your clothes, phones, computers and TV sets as long as possible without changing them to a newer model.

Limit meat consumption. (flexitarianism)

Making your own cleaning products and detergents is more profitable also economically; and washing the windows with ash! It's genius.

Summary

Young people associated with partner schools of the HEureka Generator association and young volunteers of our organization participated in the research, because we wanted to precisely define the needs of our target groups in the field of pro-ecological activities.

The results confirmed that ecology is very important for the vast majority of research participants. Young people also try to care for the environment. The most popular examples of pro-ecological activities turned out to be: carrying your own shopping bag, segregating trash, saving water.

The research participants also identified the most important ecological problems in their region. They turned out to be: air pollution, trash.

We also obtained numerous proposals for changes that would contribute to strengthening the ecological lifestyle of the inhabitants of our region.

The research participants provided very different answers to the question 'Do you have an influence on changing the ecological situation in your region?' Opinions with a relatively low impact on real changes prevailed here.

Thanks to the information obtained in the research, ecology became the main topic of the 'Become ECOnfident' project, which the Heureka Generator association is co-creating with the Evolution organization and the Tavo Europa organization. The idea for the project was developed based on the interests and needs of young people, and the examples of pro-ecological activities, environmental problems in the region and proposed changes to strengthen pro-ecological activities, obtained by us, will be used to carry out specific activities during the project implementation.